



Bio

Neo Sol brings the Midwest metalcore heart with a collision of head banging breakdowns, soaring melodies and raw emotional depth.

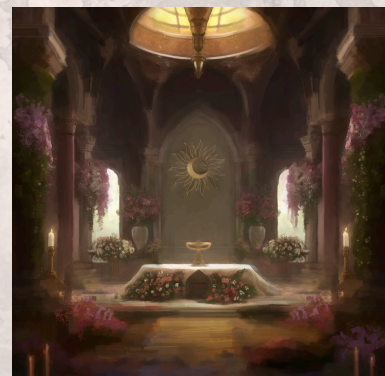
Drawing inspiration from bands like Architects, Thornhill, Northlane, and Spiritbox; Neo Sol weaves metalcore intensity with a chilling atmosphere. They carve their own path in songwriting with a fusion of emotion, progressive rhythms and aggression. Encapsulating everything with ambient textures and clean-vocal hooks to captivate their listeners.

Grateful for their opportunities to perform with bands like Silent Planet, Norma Jean, Vola, He is Legend and many more, Neo Sol is quickly gaining regional attention with every intention to continue momentum.

Releases



Click the images to listen.



[Neo Sol - Elements of Healing](#)

Our most recent EP: Elements of Healing

Lyrically inspired from reflecting on anxiety and trauma while learning to overcome your fears and setbacks. Radio play on 89.7 The River, 104.1 The Blaze, and 97.3 The Source.

[Neo Sol - Requiem for Desire](#)

Our Debut EP: Requiem for Desire

A haunting and emotional journey from start to finish, with inspiration from self-inflicted cyclic behaviors. Radio play on 89.7 The River, 104.1 The Blaze, and 97.3 The Source.

Most Recent Press Release



Listen here to our Interview with Lincoln, NE Radio Station:



Looking Ahead

After our recent EP release, Neo Sol is back to writing and booking studio time for more music (and covers) to come!

We continue to expand our reach by booking more regional shows and submitting ourselves to open for larger names and Midwest Festivals.

As 2x Omaha Arts and Entertainment Awards Nominees for Best Metal and 1x Nominees for Album of the Year (Requiem for Desire), we're incredibly thankful for the continuous support of our family, friends, and fans.

Social Media & Contact Information

